

GUIDANCE NOTES

Version No. 1.5
Date 17-Oct-06
Prepared By MB
Approved By SD / BCC

Membership

Qualification: Any person who undertakes to behave in the best interests of canoeing shall be eligible for membership.

Classes of Membership:

- Individual Members (Junior): under the age of 18
- Individual Members (Adult): over the age of 18
- Family Members: the spouse and family members under the age of a Full Member

Acceptance: The Committee may, at its sole discretion, decline to accept renewal of membership from any person without disclosing the reason.

Bude Canoe Club aims to provide a friendly environment that encourages individual development. With the assistance of qualified instructors, Members are encouraged towards obtaining formal canoeing qualifications, via the British Canoe Union (BCU) coaching scheme. The Club is affiliated to the BCU and therefore you can enjoy most of the benefits of BCU Membership, including access to canals and waterways and third part insurance whilst engaged in Club meetings, trips and events (see BCU Guide for details). Persons wishing to enter competitions or become a coach need to have Individual Full Membership of the BCU.

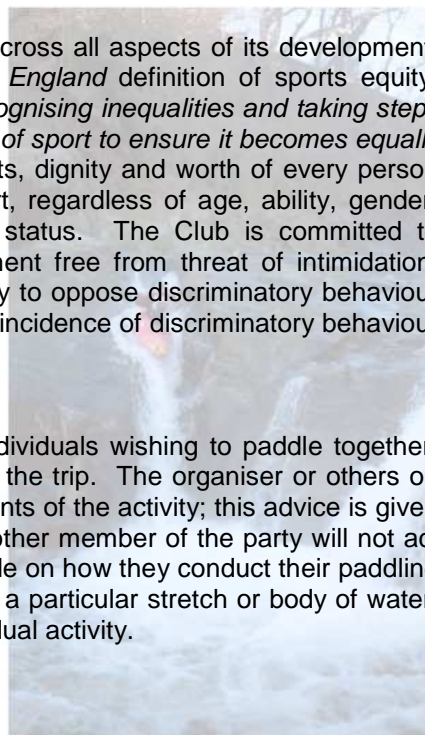
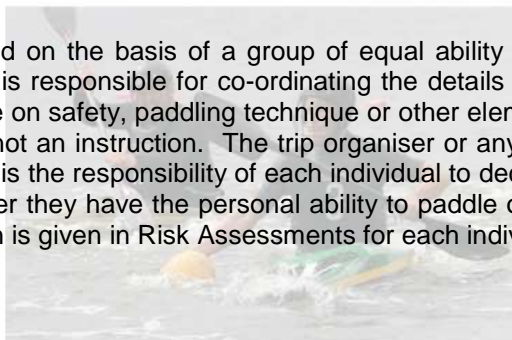
Novices are accepted into the Club providing they can swim 50m in light clothing, and undertake a course to obtain BCU 1 Star Award. Children under 12 may only join as part of a Family type Membership and their activities must be supervised by their Parent(s) / Guardian(s). Persons under 18 must have parental consent and join as Junior Members.

Annual Membership starts on the 1st January of each year and runs to the 31st December of that year. For Applications received after 1st July, reduced Membership fees are available at the discretion of the Club Committee. The Club Committee may, at its sole discretion, decline to accept an Application or Membership renewal, without disclosing the reason.

The Club is committed to ensuring that equity is incorporated across all aspects of its development. In doing so, it acknowledges and adopts the following *Sport England* definition of sports equity: *"Sports equity is about fairness in sport, equality of access, recognising inequalities and taking steps to address them. It is about changing the culture, and structure of sport to ensure it becomes equally accessible to everyone in society"*. The Club respects the rights, dignity and worth of every person and will treat everyone equally within the context of their sport, regardless of age, ability, gender, race, ethnicity, religious belief, sexuality, or social/economic status. The Club is committed to everyone having the right to enjoy their sport in an environment free from threat of intimidation, harassment and abuse. All Club Members have a responsibility to oppose discriminatory behaviour and promote equality of opportunity. The Club will address and incidence of discriminatory behaviour seriously, according to Club Disciplinary Procedures.

Club Trips

Trips are organised on the basis of a group of equal ability individuals wishing to paddle together. The trip organiser is responsible for co-ordinating the details of the trip. The organiser or others on the trip may advise on safety, paddling technique or other elements of the activity; this advice is given as an option and not an instruction. The trip organiser or any other member of the party will not act as group leader; it is the responsibility of each individual to decide on how they conduct their paddling activity and whether they have the personal ability to paddle on a particular stretch or body of water. Further information is given in Risk Assessments for each individual activity.



Steve Davenport: 01288 356424 / Steve.Davenport@BudeCanoeClub.co.uk
Mark Burnett: 07798 733530 / Mark.Burnett@BudeCanoeClub.co.uk



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Risks and First Aid

Canoeing and kayaking are "assumed risk" "water contact sport" that may carry attendant risks. Participants should be aware of and accept these risks, and be responsible for their own actions and involvement. A number of Club Members have been trained to administer First Aid. Should the need arise, and your condition is such that your permission cannot be obtained, Members will administer First Aid as deemed necessary by them at the time. Membership of the Club will be considered to be acceptance of the procedure.

Adopted Policies

The Club has adopted the following Policies:

- British Canoe Union's (BCU) Policy on Child Protection and Vulnerable Adults,
- BCU Policy Statement / Code of Ethics
- Canoeists' Country Code
- BCU Clubs' Code of Conduct
- BCU Junior Code of Conduct

All Club Members are expected to follow these policies. These policies and procedures are available from the Committee. The full Club Rules, Constitution and Operating Procedure are also available from the Committee.

Personal Equipment

Clothing and equipment must be appropriate, taking into account the following factors: water temperature, air temperature, wind chill factor, that ability of the group, the type of activity, the length of the session and the location (e.g. availability of support).

Suitable foot protection should be worn to prevent cuts due to hazards such as glass, shells, etc., or due to contact hazards with the craft.

Safety Equipment

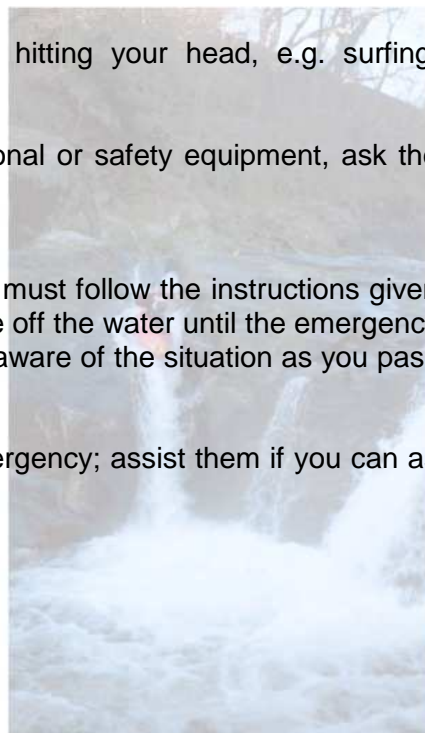
- Spraydecks must have a suitable release system fitted
- Buoyancy aids or lifejackets should always be worn
- Helmets should be worn where there is any risk of hitting your head, e.g. surfing, canoe polo, white-water, etc.

If you are in any doubt about the suitability of your personal or safety equipment, ask the Officer of the day or one of the Coaches.

Action in an Emergency

In an emergency, paddling should cease and all paddlers must follow the instructions given by the Coaches or Officer of the day. Paddlers must come off the water until the emergency has been dealt with. Ensure that others on the water are aware of the situation as you pass them.

Do not get in the way of the persons dealing with the emergency; assist them if you can as directed.



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Paddling Times

Winter: (October 1st through April 31st) – 20:00hrs at Holsworthy Leisure Centre

Summer: (May 1st through September 30th) – 18:30hrs at Summerleaze Car park – to paddle either on Summerleaze Bay, Bude Canal, River Neat, or other location dependant on weather/sea conditions and paddler abilities

For details of periodic trips and events, Members should consult either the Club Newsletter or be notified by Email / Club Notice.

Session Fees (2006)

Winter Pool Session Fees:

Adult: £4.00 Junior (<18): £3.00 Family: £6.00

Summer Sea Session Donation:

Adult: £3.00 Junior (<18): £2.00 Family: £4.00

All the above times are subject to change due to weather conditions, trips, Coach availability and Membership support.

Club Committee Members

Name	Position	Telephone	Email
Steve Davenport	Chairperson	01288 356424	stevedavenport450@btinternet.com
Mark Burnett	Secretary	07798 733530	Mark.Burnett@budecanoeclub.co.uk
Bill Brown	Treasurer	07970 071630	BillBrown22@Hotmail.com
Leigh Gething	Polo Officer	07989 413246	creativeleigh@hotmail.com
Ray Lovejoy	Child Protection / Welfare Officer	01288 321635	Ray@lovejoy15.freeserve.co.uk
Mark Jones	Equipment Officer		Mark883Harley@aol.com
Keith Page	Press Officer	01288 353853	keith@hpage47.freeserve.co.uk
Keith Horwell	Training Officer	01409 281252	shop@sheb.eclipse.co.uk

Steve Davenport: 01288 356424 / Steve.Davenport@BudeCanoeClub.co.uk
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WWW.BUDECANOECLUB.CO.UK